

About the new Covid-19 measures

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A message from Councillor Claire Holland Leader of Lambeth Council



Hello,

Following the identification of the Covid-19 variant Omicron, there are now new measures that we must all follow to continue to limit the spread of the virus, particularly any potential spread of this variant.

There is a lot we still don't know about this new variant, but it is of concern and to keep safe from any potential threat we must all work together. That means we must wear masks on public transport and in shops. Everyone in schools and colleges should wear masks in communal areas.

Get vaccinated

I would urge anyone who hasn't yet got vaccinated to urgently take up the opportunity. And also get a booster jab when eligible. The vaccine has massively reduced the numbers becoming seriously ill from the virus – so is vitally important.

Vaccinations are available in a number of setting across the borough, bookable via the national booking service or on a walk-in basis. There's lots of information available for people who have questions about it.

Keep testing

Testing is still one of the best ways to stop the spread – and we have free lateral flow tests available that we can all use before meeting others. If you feel unwell, please take a PCR test immediately. These measures will help toward stopping the spread.

The news about this variant is not something any of us wanted to hear and as further information emerges, we will learn more ore about the variant. However in the meantime by continuing to work together, we can protect the most vulnerable in our communities and each other, to limit the impact of the virus on our lives.

For more information visit the [South East London Clinical Commissioning Group website](#).

Councillor Claire Holland, Lambeth Council Leader

Masks compulsory and new tests for international arrivals

The new measures include:

- From today, Tuesday, face coverings are compulsory in shops and on public transport.
- All international arrivals must take a Day 2 PCR test and self-isolate until they receive a negative result.
- All contacts of suspected Omicron cases must self-isolate for ten days, regardless of their vaccination status.

Visit the [GOV.UK website](https://www.gov.uk) for more information.

Now is the time to get vaccinated

If you are 12 or over and you haven't had your first dose yet, the time to do so is now. Find out how to book your vaccine, or access a walk-in clinic near you.

Second doses are available to 16/17 year old's (12 week interval between first and second dose) and over 18s (8 week interval between doses).

If eligible, you can also boost your immunity this winter with the flu vaccine and Covid-19 booster.

You can [book your appointment](#), find a [walk-in vaccination clinic](#) and find the answers to the questions you have about the vaccine in our [FAQs](#).



Take regular rapid tests, if you have symptoms take a PCR test

By testing regularly, we can find out early who might have the virus and stop it from spreading into the community.

Getting tested is quick, easy, and safe. Make sure to get the right test which depends on whether you have Covid-19 symptoms or not.

You can find where to get [rapid lateral flow tests](#) (for those with no symptoms) or get a [PCR test](#) if you do have coronavirus symptoms.

Cases are rising in Lambeth, take these simple steps to protect yourself

Covid-19 cases are rising in Lambeth with more than 900 cases of people catching the virus in the borough in the past week.

You can protect yourself by:

- Get vaccinated and take up your Covid-19 booster jab when offered
- Social distance in crowded places
- Self-isolate when instructed to do so
- Test regularly
- Let fresh air in if you meet indoors
- Meeting outdoors is safer

Visit the [Lambeth Council website](#) for more information.