

**As the Lockdown continues, we hope you, your friends and family are all keeping well and safe.**

**Here's some useful contact information**



**Lambeth Council**

You can ask for help for you or for someone you know

- use our online form – we check this every day from 8am to 8pm
- phone our helpline on 020 7926 2999 if you'd prefer to speak to someone – open every day from 8am to 8pm

<https://www.lambeth.gov.uk/coronavirus-covid-19>



**Lambeth Mutual Aid**

A two-panel advertisement for the Lambeth mutual aid freephone. The left panel has a light blue background and features a green heart being held by a hand. The right panel has a teal background and features a green telephone handset. Both panels include the phone number 0800 009 6504 and the slogan "WERE ALL WE'VE GOT. WERE ALL WE NEED".

**Lambeth mutual aid freephone**  
WERE ALL WE'VE GOT. WERE ALL WE NEED  
**0800 009 6504**

**If you need help with shopping, medicine or other support give us a call.**

**Lambeth mutual aid freephone**  
WERE ALL WE'VE GOT. WERE ALL WE NEED  
**0800 009 6504**



## Lambeth Age UK

<https://www.ageuk.org.uk/lambeth/>



## Hyde Housing

<https://www.hyde-housing.co.uk/tenants/coronavirus-information-for-our-customers/>



## UK Government

<https://www.gov.uk/coronavirus>

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

<https://www.gov.uk/government/organisations/department-for-work-pensions>